

A visit to the Blessed Sacrament

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

O Sacrament most holy! O Sacrament divine! All praise and all thanksgiving, be every moment Thine!

Our Father ...

Hail Mary ...

Glory be to the Father ...

Repeat these prayers three times, then say:

O Sacrament most holy! O Sacrament divine! All praise and all thanksgiving, be every moment Thine

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The prayer to the Holy Spirit recited daily by Saint Pope John Paul II

Holy Spirit, I ask you for the gift of Wisdom to better know You and Your divine perfections,
for the gift of Understanding to clearly discern the spirit of the mysteries of the holy faith,
for the gift of Counsel that I may live according to the principles of this faith,
for the gift of Knowledge that I may look for counsel in You and that I may always find it in You,
for the gift of Fortitude that no fear or earthly preoccupations would ever separate me from You,
for the gift of Piety that I may always serve Your Majesty with a filial love,
for the gift of the Fear of the Lord that I may dread sin, which offends You, O my God.

The Prayer of St Francis of Assisi

O Lord, make me an instrument of your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love.

For it is in giving that we receive; it is pardoning that we are pardoned; and it is dying that we are born to eternal life.

The Catholic parish of St Mary, Leek Prayers for Parishioners



**God thinks
you're amazing!**

**The Lord your God
is with you.**

**He will take great
delight in you.**

**He will rejoice over
you with singing.**

Zephaniah 3:17

The Sign of the Cross

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Lord's Prayer

Our Father, who art in heaven, hallowed by thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

The Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death.

The Glory be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end.

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all my relatives and friends, and in particular for the intentions of the Holy Father.

Grace before meals

Bless us, O Lord! and these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord.

Grace after meals

We give Thee thanks for all Thy benefits, O Almighty God, who livest and reignest world without end.

May the souls of the faithful departed, through the mercy of God, rest in peace.

Be not anxious about what may happen tomorrow; the same Everlasting Father who cares for you today will take care of you tomorrow and every day. Either He will shield you from suffering, or He will give you unfailing strength to bear it. Be at peace then, and put aside all anxious thoughts and imagining.

A blessing for my family

God my loving Father, Jesus, your Son, chose and sent his disciples to every town and village.

He told them to bring the Good News of your Kingdom to homes and families like mine.

He told his disciples that when they visit someone's home, their first words should be, "God bless this home with peace."

Bless my home and my family with your peace. May your Kingdom of kindness, charity and compassion be found in my home and family.

I make this prayer through Christ our Lord.

A prayer for our parish

God our Father, pour out your Holy Spirit upon the people of this parish, and grant us a new vision of your glory, a new experience of your power, a new faithfulness to your Word, and a new consecration to your service so that your love may grow among us, and your Kingdom come. Through Christ our Lord.

A prayer for the sick and housebound parishioners

Father in heaven, grant the sick and housebound of our parish comfort in their suffering. When they are afraid, give them courage, when afflicted, give them patience, when dejected, afford them hope, and when alone, assure them of the support of your holy people. Through Christ our Lord.

A prayer for our Catholic Schools

God our loving Father, hear our prayer for St Mary's Catholic Academy and Painsley Catholic College. Lead the staff and governors so that they will set a good example of faith for the children and young people in their care. Guide the pupils and students so that they will grow in faith, wisdom and holiness. We make this prayer through Christ our Lord.

A prayer for Vocations to the Priesthood

God our loving Father, in your plan for our salvation you provide shepherds for your people. Fill our parish with a spirit of courage and love. Raise up worthy ministers for your altars and enthusiastic but gentle servants of the gospel. Through Christ our Lord.